

RUTHLESS

REVOLUTION! (RUTHLESS YOUTH) - ISSUE 6, MAY 2009

LETTER FROM THE EDITOR

It's the end of the wire, really. All of our bands, vendors, and artists are confirmed. This is it Scranton! The first annual (hopefully) Ladyfest is coming your way. Are you ready?

Thank you to everyone that's help make this possible. Everything from coming to the sign parties, to attending meetings, donating paint, performing, practicing in your band, working on artwork, or simply sharing ideas - everything has made fruitful endeavors. The list is endless, but you know who you are <3

The next issue of Ruthless will be a little different. It will mainly showcase the bands, artists and vendors and will basically act like a roster for the day.

Again, I'd like to remind everyone that the festival is NOT JUST FOR GIRLS. Men are encouraged to attend and celebrate. It's Ladyfest because we want to highlight the talented women in NEPA and donate to the WRC - but that does not mean men cannot partake in this event! We may change the name next year, it's throwing some people off. What do you guys think?

LADYFEST IS HERE.

JULY 24 2009

11AM - 9PM

NAY AUG PARK

GIBSON ST. AREA

MYSFACE.COM/LADYFESTSCRANTON

MYSFACE.COM/RUTHLESSZINE

LADYFEST KICK OFF PARTY A RUTHLESS AFFAIR

Editor, Jessica Meoni

WHO >> Ladyfest participants & attendees, Ruthless members

WHEN >> June 27th 2009 at 6:00 PM to 11:00PM

WHERE >> The Vintage Theater: 222 Wyoming Ave., Scranton

WHAT >> Previewing the bands Satellite, No West, Empty Cases, Carelene Majorino and Donnie Kirchner from Brat Pack Nativity for Ladyfest as well as robot-artist Alec Hinz, nature-trailin' graphic designer Desiree Zielinski and various degrees of awesome by Melissa Diltz as well as glassworks by Brad Kishbaugh. Food provided by Eden, a Vegan Cafe (see interview below). Raffles, art, music & more!

WHY >> \$5 entrance fee benefits the Women's Resource Center, Ladyfest set-up costs, and The Vintage Theater :)

EDEN: A VEGAN CAFE AN INTERVIEW WITH CHRISTIAN PILOSI

Chris Errante, Staff Writer & Board Member

Who's idea was it to open up Eden Cafe? It was my idea. I have been a vegan and activist for animal rights and veganism for 12 years now and I have for a long time wanted to incorporate my ethical beliefs into my career. During these past 12 years, I have had many different ideas of how to accomplish this and in early 2008 I finally decided the time was right to open a vegan lunch café in downtown Scranton. I found the perfect opportunity on the 300 block of Adams Avenue and began the long process of planning and preparing, and finally, on November 7th, 2008, Eden became a reality!

How did you learn how to cook vegan cuisine? Well, I have been preparing vegan food for myself, friends and family for the past 12 years. While that is certainly true, there is a lot more to know when one ventures into the restaurant business.

I have been blessed with the opportunity to have gained valuable experience working as a cook in several restaurants and nursing homes in the Scranton area through the years. While this was all prior to my going vegan, it has proved to be a very important piece of the puzzle as my life has led up to the opening of Eden. I have also attended many national vegetarian events, such as PETA's 21st Anniversary Party in NYC in 2001, World Vegetarian Congress's and the North American Vegetarian Society's Summerfest's, where I have learned from other vegan chefs.

What is a unifying factor/interest among the employees at Eden? All of us in the Eden family are vegan and have a shared interest in veganism and animal rights issues, human health issues and environmental concerns. We see veganism as a "hub" of sorts for all of these concerns and we want to share what we have learned with everyone who is interested.

What is your favorite vegan food? That's impossible to answer because I enjoy such a wide variety of vegan food! The possibilities are truly endless when you go vegan, and at Eden, people can find a great place to start and learn and grow!

What made you interested in providing food for Ladyfest? We like to be involved in local grass roots efforts such as Ladyfest. We share the same concerns and have found that those attending an event such as Ladyfest are open and receptive to vegan food and rights issues... (continued on back)

rah rah replica! i am a poser and i don't care, i walk the streets and people stare! she is me i am her. she has no money to ride the train. hi

How do scrantonians react to your vegan fare? The local reaction has been surprisingly positive! I am not surprised that vegetarians and vegans find eden to be an oasis in the desert, so to speak, but it has been surprising how quickly non-vegetarians have taken to our concept of comfort lunch food made vegan. We have had such great positive word of mouth advertising that we haven't had to spend a lot of money on conventional advertising. Also, we feel that events such as ladyfest are the greatest marketing opportunities for us. We believe strongly in grass roots efforts and taking our message directly to the people in our area.

Do you plan on expanding your business in the future? As of right now, we are very happy with where we are and what we are doing. It has been just over 6 months since we opened and things are going extremely well. We certainly hope to see opportunities for expansion in the future, but for now we are quite happy to stay in the lunch business and spread the good word of veganism.

If you could give one good reason to become a vegan what would it be? I would say that one can pick their reason - for the animals, for their health, for concerns about ending hunger among people in less fortunate parts of the world, for the environment, or for all of these reasons!

Eden, A Vegan Cafe is located at 344 Adams Ave; open Tuesday-Saturday from 11:00am - 4:30pm and will be providing food for Scranton Ladyfest!

FROM STARBUCKS TO SACRED SYMBOLISM

Editor, Jessica Meoni



"Lotus Fire" is a phrase defined by local activist and artist Rachel Dare as a "sacred symbol of beauty, grace, and energy." Beginning in the dance group The Red Shoes, Dare decided to go in a totally new direction when she formed a belly dancing duo with her Starbucks coworker Kendra McHugh.

The two assembled their first show at Dare's photography exhibit at Starbucks in the Steamtown Mall last June. The exhibit, entitled "Visions of the East," displayed photos from India and Nepal. Lotus Fire thought a bellydance would be the perfect compliment.

Their passions for dance grew stronger ever since. McHugh expresses her inspiration comes from an exercise class in San Diego that used belly dancing. She soon gained the status of professional bellydancer and began performing at restaurants and other venues. For Dare, while dancing with the Red Shoes for many years provided much inspiration, it wasn't until a mid-life crisis which her mother encountered that allowed both to study bellydancing more indepth.

Come see Lotus Fire perform at Scranton Ladyfest 2009! They promise to "put the fire back in Lotus Fire!"

TOP 10 RIOT GRRRL/NEW WAVE/PUNK BANDS THAT AREN'T BIKINI KILL.

EDITOR, JESSICA MEONI

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| 1. THE PLEASURE SEEKERS:
1964. UNITED STATES.
>> "WHAT A WAY TO DIE" | 6. SPDFGH:
1990. AUSTRALIA.
>> "GIVE ME TIME" |
| 2. DOLLY MIXTURE:
1978. ENGLAND.
>> "WHISTLING IN THE DARK" | 7. SKINNED TEEN:
1991. UNITED KINGDOM.
>> "PILLOWCASE KISSER" |
| 3. LILIPUT/KLEENEX:
1978. SWITZERLAND.
>> "HITCHHIKER" | 8. THE PHANTOM PREGNANCIES:
1993. ENGLAND.
>> "BELICACY" |
| 4. SHONEN KNIFE:
1981. JAPAN.
>> "CANNIBAL PAPAYA" | 9. JALE:
1993. NOVA SCOTIA.
>> "EMMA" |
| 5. LOOK BLUE GO PURPLE:
1983. NEW ZEALAND.
>> "CACTUS CAT" | 10. EMILY'S SASSY LINE:
1994. UNITED STATES.
>> "TEENAGE HEART ATTACK" |



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Hey! Want to learn all about the art of zine-making just like Ruthless?! Then check out this workshop directed by Erin Delaney, a Weekender Columnist & Luzerne County Community College English Instructor! Cost is only \$150 for the week and includes supplies. @ Paper Kite Press Studio & Gallery in Kingston PA!